

# Buddha's Eye

Nepalese und Tibetan Cuisine



MENU



**Nepalese - Tibetan specialties in Cologne since Oct. 2010**

Mariengartengasse 5

[Crossing Tunisstraße & Komödienstraße at the corner]

D-50667 Cologne, Germany

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Opening Hours:

Monday - Friday: 11:30 - 22:30 hrs

Saturday - Sunday: 12:00 - 22:30 hrs



First family owned Tibeto-Nepalese restaurant with best authentic Nepalese and Tibetan cuisine since October 2010 in Cologne, Germany. We at Buddha's Eye Nepal-Tibet Restaurant provide our visitors the authentic taste of Nepalese & Tibetan cuisine. We offer our guest an exceptional service, excellent food and homely atmosphere. Our team of skilled professionals ensures our customers happiness.

Come and share your lovely experience with your friends and families. We want to treat you and your guest with excellent Nepalese and Tibetan cuisine.

You can book Buddha's Eye for events and celebrations. Plan your own event and give your guest an exceptional experience.

Catering service for all occasions:

Remember us for your private or business invitations. Have the Buddha's Eye Nepal-Tibet Restaurant cater your next event. . Talk to us, we will make you a first-rate individual offer. No group is too big or too small for us.

Buddha's Eye on the Internet: <http://www.buddhaseyes.de>

On our Website you will have the opportunity to view our weekly lunch menu.

We are committed to using quality ingredients. All food items are MSG free.

We look forward to your next visit!

## LUNCH BUFFET

Monday to Friday from 11:30 hrs to 15:00 hrs [except on legal holidays]

The buffet includes the following choices:

Various appetizers, Fresh salads, various meats  
with exotic ingredients, fresh vegetables and side dishes

Price per person € 6.50 [Monday to Friday]

## STARTERS

- |    |   |        |
|----|---|--------|
| 1. | <b>Alu Roll</b><br>Potatoes & vegetables rolled & deep fried in a pancake   | 3,00 € |
| 2. | <b>Kauli Pakora</b><br>Cauliflower dipped in chickpeas batter & deep fried  | 3,00 € |
| 3. | <b>Paneer Pakora</b><br>Homemade cheese cubes dipped in chickpeas batter & deep fried                                     | 3,00 € |
| 4. | <b>Samosa</b><br>Deep fried pastry stuffed with mildly spiced potatoes & green peas                                       | 3,00 € |
| 5. | <b>Masu Roll</b><br>Minced pork and wrapped in potato with breadcrumbs & deep fried                                       | 4,50 € |
| 6. | <b>Chicken Pakora</b><br>Marinated chicken fillet lightly battered in chickpeas flour & deep fried                        | 4,50 € |
| 7. | <b>Choyela</b>  | 7,90 € |
| a. | Marinated chicken fillet gently grilled with fresh ginger, garlic, coriander, spices & dressed with a hint of lemon juice |        |
| b. | Marinated pork chops gently grilled with fresh ginger, garlic, coriander, spices & dressed with a hint of lemon juice     |        |
| 8. | <b>Starter Platter</b><br>Paneer Pakora, Choyela, Egg plant / Cauliflower & onion Pakora                                  | 9,90 € |




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**SOUP**

09.	<b>Tomato Soup</b>	3,50 €
10.	<b>Chicken Soup</b>	3,50 €
11.	<b>Vegetable Soup</b>	3,50 €
12.	<b>Lentil Soup</b>	3,50 €
13.	<b>Piro Amilo Jhol</b> Hot & Sour Vegetable Soup	3,50 €

**SALAD**

14.	<b>Himalayan Salad</b> Mixed salad with chicken stripes	9,50 €
15.	<b>Green Salad</b> with mango vinaigrette & sesame	4,00 €
16.	<b>Cucumber Salad</b> with lime & chilli dressing	4,00 €
17.	<b>Tomato Salad</b> with coriander, black pepper & olive oil dressing	4,00 €
18.	<b>Mixed Salad</b> with cucumber, tomatoes, capsicum, carrots, red onions & dressing	5,00 €
19.	<b>Momo Salad</b> fried Momo with green salad, cucumber, onion and Lime-Chilly-Yoghurt dressing	8,50 €

**MAIN COURSES** [Entrees are served with Basmati Rice]**KUKHURA KO MASU - HÄHNCHENCURRY**

20.	<b>Kukhura Masala</b> Boneless breast of chicken marinated in fresh herbs, seasoned with an exotic blend of curry spices	9,50 €
21.	<b>Khukhura Annapurna</b> Boneless breast of chicken with vegetables seasoned with coconut milk & blend of curry [hot]	10,50 €
22.	<b>Kukhura Saag</b> Chicken breast fillets cooked in creamy spinach sauce	10,50 €
23.	<b>Kukhura Sekuwa</b> Grilled boneless chicken breast sauteed in light tomato sauce served with fresh capsicu, tomatoes and onions	10,50 €
24.	<b>Kukhura Mitho</b> Boneless chicken with broccolli, bamboo shoots, ginger and Mango in special sweet-sour-Sauce	10,50 €



## KHASI KO MASU - LAMB & MUTTON CURRY [Entrees are served with Basmati Rice]

- |     |  |         |
|-----|--|---------|
| 25. | <b>Khasi ko Kabab</b><br>Lamb cubes cooked in a blend of spicy yogurt curry sauce with tomatoes & onions [hot] | 10,90 € |
| 26. | <b>Khasi ko Tarkari</b><br>Seasoned lamb cooked with mixed vegetables in peanut cream                          | 10,90 € |
| 27. | <b>Khasi Saag</b><br>Lamb cubes cooked in creamy spinach sauce   | 10,90 € |
| 28. | <b>Khasi Alu</b><br>Lamb cubes, potatoes with green peas   | 10,90 € |
| 29. | <b>Khasi Masala</b><br>Marinated lamb cooked in special tomato-onion curry sauce                               | 11,00 € |

## BANGUR KO MASU - PORK CURRY [Entrees are served with Basmati Rice]

- |     |   |        |
|-----|---|--------|
| 30. | <b>Bangur Masala</b><br>Pork cubes cooked in tomato-onion curry sauce   | 9,00 € |
| 31. | <b>Bangur Poleko</b><br>Marinated & barbequed pork and mushrooms seasoned with herbs in coconut cream Sauce             | 9,50 € |
| 32. | <b>Bangur Gulio</b><br>Pork with onion in special bamboo shoots, ginger and in special Mango-Pineapple Sweet-Sour-Sauce | 9,50 € |
| 33. | <b>Bangur Piro Mitho</b><br>Pork cubes with bamboo shoots, ginger and mango in special sweet-sour-Sauce                 | 9,50 € |
| 34. | <b>Bangur Sadheko</b><br>Pork cubes carefully seasoned with an exotic blend of curry spices with fresh vegetables [hot] | 9,50 € |

## HAANS KO MASU - DUCK CURRY [Entrees are served with Basmati Rice]

- |     |  |         |
|-----|--|---------|
| 35. | <b>Haans Piro</b><br>Seasoned duck breast fillet in dry tomato sauce with cooked onion | 12,90 € |
| 36. | <b>Haans Gulio</b><br>Seasoned duck breast fillet in mango cream sauce                 | 12,90 € |



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**TARKARI - VEGETARIAN** [Entrees are served with Basmati Rice]

37.	<b>Pahelo Dal</b> Yellow lentils delicately spiced with fresh tomatoes, onions, coriander and ginger	7,50 €
38.	<b>Jhaneko Dal</b> Buttered and creamed yellow lentils delicately spiced with fresh tomatoes, onions, coriander and ginger	7,50 €
39.	<b>Alu Kauli</b> Potatoes and cauliflower cooked in dry tomato & onion sauce with herbs and spices	8,50 €
40.	<b>Alu Simi</b> Delicious fried and delicately spiced potato curry with green beans	8,50 €
41.	<b>Paneer Masala</b> Homemade cheese cooked with fresh vegetables in creamy curry sauce	9,50 €
42.	<b>Paneer Saag</b> Homemade cheese cooked with creamy spinach sauce	9,50 €
43.	<b>Alu Tama Bodi</b> Potatoes and beans cooked with bamboo shoots in medium hot curry sauce	8,50 €
44.	<b>Rajmah</b> Kidney beans with fresh ginger, garlic in tomato-onion sauce	8,50 €
45.	<b>Chana Tarkari</b> Chickpeas with fresh ginger, garlic, coriander in tomato-onion curry sauce	8,50 €
46.	<b>Kwati</b> Traditional dish of Nepal with seven different beans seasoned with an exotic blend of curry spices, onions & tomatoes	8,90 €

**BHUTEKO BHAT- FRIED RICE**

47.	<b>Vegetarian</b>	8,00 €
48.	<b>with chicken breast stripes</b>	9,50 €
49.	<b>with Lamb</b>	10,50 €



## TIBETAN SPECIALITIES

### TIBETAN MOMO

Dumplings filled with ground meat or vegetables served with tomato-sesame sauce.  
A very famous dish in Himalayan region

50.	Steamed Momos [Pork]	9,50 €
51.	Fried Momos [Pork]	9,50 €
52.	Vegetarian Momos steamed	9,50 €
53.	Vegetarian Momos fried	9,50 €
54.	Thee Momos with chicken curry	9,50 €

### TIBETAN THUKPA

Tibetan styled noodle soup with vegetables

55.	Vegetarian	8,00 €
56.	with chicken stripes	8,50 €
57.	with pork stripes	8,50 €

### CHOW MEIN

Tibetan style noodles pan fried with vegetables

58.	Vegetarian	8,00 €
59.	with chicken stripes	8,50 €
60.	with pork stripes	8,50 €

### TIBETAN SWEET REIS

61.	Dresil	10,50 €
	Sweet Basmati Rice with almonds, cashew nuts, raisins, coconut and other dried fruits	

### CHILDREN'S MENU

111.	Chikcken Schnitzel [Breaded chicken escalope] with French fries	7,00 €
112.	Meat balls	3,00 €
113.	French fries	2,50 €



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**SIDE DISH**

63.	<b>Sada Roti</b> Nepalese whole wheat flour bread	3,00 €
64.	<b>Alu Paratha</b> Fresh bread stuffed with potatoes fried in butter	3,00 €
65.	<b>Puri</b> Nepalese whole wheat flour bread fried in butter	3,00 €
66.	<b>Paneer Naan</b> Fresh baked bread stuffed with home made cheese	3,00 €
67.	<b>Lasun Naan</b> Fresh baked bread with garlic and butter	3,00 €
68.	<b>Sada Naan</b> Fresh baked bread with butter	3,00 €
69.	<b>Basmati Rice</b>	1,00 €
70.	<b>Papadam</b> Plain or spicy, wafer thin fried crisp lentil bread	3,00 €
71.	<b>Various Dips</b> [Tomatoes, Sesame, Mango, Chili, Coriander, Mix Pickles]	
	Chutney	+ 0,80 €
	Achar	+ 0,80 €
	Raita	+ 1,00 €

**DESSERT**

72.	<b>Lal Mohan</b> [2 Pieces] Traditional dessert made from spongy milk balls fried and soaked in honey syrup	3,00 €
73.	<b>Sujiko Haluwa</b> Sweet pudding dessert with cardamom, nuts and dried fruits	3,00 €
74.	<b>Sikarni</b> Nepalese special Yoghurt in a blend of cinnamon, cardamom coconut and almond stripes	3,00 €
75.	<b>Fresh fruits with vanilla ice cream</b>	3,00 €
76.	<b>Ice cream</b> [per ball] Vanilla, Chocolate or Strawberry	1,00 €



## BANQUET

### Traditional Nepali Balanced Nutrition Menu

- 101. Dal Bhat Tarkari** 14,90 €  
Basmati Rice  
Lentil Soup  
Mixed Vegetable  
Chutney/Achar  
Dessert of the Day  
  
**Selectable Variation:**  
Vegetarian / Chicken / Pork
- 102. Nepali Thali** 15,90 €  
Entrée: Salad  
Basmati Rice  
Lentil Soup  
Mixed Vegetable  
Chutney/Achar  
Dessert Lal Mohan  
  
**Selectable Variation:**  
Vegetarian / Chicken / Pork
- 103. Himalayan Thali** [Also available as Full Vegetarian Menu]  
Entrée:  
Salad with Papadum & Chutney/ Achar  
Mains:  
Basmati Rice  
Yellow Lentil Soup  
Homemade cheese cooked with creamy spinach sauce  
Lamb or Pork Curry with fresh Vegetables  
Chicken Curry with Curry Sauce  
Chutney/ Achar  
Dessert:  
Sooji ko Haluwa [Sweet Semolina Pudding]  
**For 2 Persons:** 33,00 €  
**For 4 Persons:** 64,00 €
- 104. Kathmandu Lamb** 11,50 €  
Lamb with Vegetables
- 105. Fish Curry** 11,50 €  
with creamy tomato sauce and coriander





## NON-ALCOHOLIC BEVERAGE

121.	Coca Cola <sup>[1,3,4]</sup>	0,30 l	2,00 €
122.	Fanta <sup>[1,3]</sup>	0,30 l	2,00 €
123.	Sprite <sup>[1,3]</sup>	0,30 l	2,00 €
124.	Coca Cola Light <sup>[1,2,3,4]</sup>	0,30 l	2,00 €
125.	Mineral water	0,30 l	2,00 €
126.	Mineral water [Bottel]	0,25 l	2,00 €
127.	Mineral water [Bottel]	0,75 l	4,50 €
128.	Ginger Ale	0,30 l	2,60 €
129.	Bitter Lemon	0,30 l	2,60 €
130.	Tonic Water	0,30 l	2,60 €
131.	Fresh Lemon Soda	0,30 l	2,40 €
132.	Sparkling Apple juice	0,30 l	2,40 €
133.	Orange juice	0,30 l	2,40 €
134.	Apple juice	0,30 l	2,40 €
135.	Mango juice	0,30 l	2,60 €
136.	Brown Ale [Malzbier]	0,33 l	2,60 €
137.	Fassbrause [Gaffel]	0,33 l	2,60 €

## LASSI

138.	Mango Lassi	0,30 l	2,20 €
139.	Süß Lassi	0,30 l	2,20 €
140.	Salzig Lassi	0,30 l	2,20 €
141.	Mango Shake	0,30 l	2,20 €

## BEERS

142.	Reissdorf Kölsch [draft beer]	0,20 l	2,00 €
143.	Reissdorf Kölsch [draft beer]	0,30 l	3,00 €
144.	Reissdorf Alcohol-free	0,33 l	3,00 €
145.	Krombacher Pils [draft beer]	0,20 l	2,00 €
146.	Krombacher Pils [draft beer]	0,30 l	3,00 €
145.	Paulaner Hefeweizen	0,50 l	3,50 €
147.	Paulaner Alcohol-free	0,50 l	3,50 €
148.	Nepalese Rice beer [turbid]	0,30 l	3,00 €
149.	Nepalesischer Reissbier [turbid]	0,50 l	4,50 €

## WINE

150.	Chianti dry	0,20 l	3,50 €
151.	Chianti dry	0,50 l	8,00 €
152.	White wine [Pinot Grigio]	0,20 l	3,50 €
153.	Rose Semi-dry	0,20 l	3,50 €
154.	Lambrusco	0,20 l	3,50 €

### Additives:

1=contains dye, 2=contains preservatives, 3=contains anti-oxidant, 4=contains caffeine, 5=sulphuretted, 6=contains quinine



## APÉRITIF / SPARKLING WINE

155.	Hugo	0,20 l	6,00 €
156.	Aperol <sup>[1,6]</sup>	2,00 cl	2,50 €
157.	Aperol Spritz <sup>[1,6]</sup>	0,20 l	6,00 €
158.	Campari <sup>[1]</sup>	2,00 cl	2,50 €
159.	Campari Orange <sup>[1]</sup>	0,20 l	4,50 €
160.	Campari Soda <sup>[1]</sup>	0,20 l	4,50 €
161.	Prosecco	0,20 l	4,50 €
162.	Prosecco [Flasche]	0,75 l	15,00 €

## WHISKEY & CO.

163.	Chivas Regal 12	2,00 cl	4,00 €
164.	Johnny Walker Black Label <sup>[1]</sup>	2,00 cl	4,00 €
165.	Jim Beam	2,00 cl	3,00 €
166.	Jack Daniel's Old No. 7 <sup>[1]</sup>	2,00 cl	3,00 €
167.	Johnny Walker Red Label <sup>[1]</sup>	2,00 cl	3,00 €
168.	Vodka	2,00 cl	3,00 €
169.	Dry Gin	2,00 cl	3,00 €
170.	Grappa	2,00 cl	3,30 €
171.	Ramazzotti	2,00 cl	3,00 €
172.	Averna	2,00 cl	3,00 €
173.	Baileys	2,00 cl	3,00 €
174.	Tequila	2,00 cl	3,00 €
175.	Sambuca	2,00 cl	3,00 €
176.	Khukuri Rum	2,00 cl	3,00 €
177.	Nepalese brandy	2,00 cl	3,00 €

## HOT DRINKS

178.	Nepali Tea	2,00 €
179.	Nepali milder grüner Tea	2,00 €
180.	Buddha Tea [Butter Tee]	2,00 €
181.	Yarchagumba Tea	2,00 €
182.	Hot Lemon / Lemon Tea	2,00 €
183.	Cappuccino [with frothy milk or cream]	2,50 €
184.	Latte Macchiato	2,50 €
185.	Kaffee	2,20 €
186.	Expresso	2,00 €
187.	Hot chocolate	2,00 €

### Additives:

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